



What makes PROTECOR so special

PROTECOR is an ideal supplement to support your heart because:

- as it is in liquid form all nutrients are already dissolved and can be absorbed very well
- it has a very pleasant fruity taste
- it is free from chemical preservatives, colourings and flavourings
- it is the most natural supplement to support your heart and circulation

Who should take PROTECOR on a regular basis?

Generally PROTECOR is recommended for both men and women who want to support their heart in the long run. Due to the natural ageing process, the power of the heart begins to decrease at 30 so it is wise to start to fuel the heart at this age onwards.

PROTECOR is also an ideal supplement for sportsmen and sportswomen who put higher demands on their hearts.



MADE BY SALUS – PROMOTING NATURAL HEALTH CARE SINCE 1916

PROTECOR is just one of the supplements in a wide range of products made by Salus, a family-run Bavarian company which has flourished for more than 90 years.

Salus prides itself on cultivating and growing the very finest, purest herbs and fruits – gathering them from all over the world to create an outstanding range of supplements designed to promote good health and good living the natural way.

Salus has a global policy of environmental consciousness, and cooperates worldwide to promote sustainable farming which benefits local people and contributes to a healthier, safer environment.



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Fuel your heart the natural way



PROTECOR® - helps maintain a healthy heart and circulation

Suitable for vegetarians and vegans, GMO free, free from alcohol, preservatives, artificial flavourings and colourings; free from gluten, wheat, yeast, dairy and lactose



NATURAL HEALTH CARE SINCE 1916

www.salusuk.com

Active and powerful through a **Strong** Heart

Often the reason for decreasing fitness and tiredness is a weakening heart. It is impossible for our heart to perform at maximum levels for a lifetime. Even at the age of 30 the power of the heart begins to decrease. This, however, is the normal ageing process which has nothing to do with heart disease.



Our heart – the engine of life

Our heart is a high performance engine that beats app. 100,000 times per day and app. 3 billion times a lifetime. With each heart beat, 70ml of blood is pumped around the body; an astonishing 5 litres every minute and 300 litres of blood every hour - and that's without a break! In times of physical stress and exertion, the heart can increase its performance by up to four to five times. These facts show why it is necessary to keep our heart healthy.

Risk factors for the heart

Cardiovascular disease is the leading cause of death in industrialized countries. So it is imperative to understand and reduce the risk factors affecting an individual. These risk factors are

- physical and psychological stress
- smoking
- lack of physical activity
- unhealthy diet (inc. lots of salt, sugar, saturated fats)
- obesity
- oxidative stress

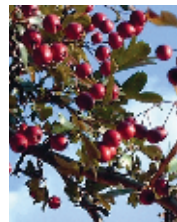
How can you support and strengthen your heart?

You can support your heart by avoiding the risk factors. A healthy lifestyle with regular exercise and a well balanced diet of; fruit, vegetables, lean meat, omega 3,6,9 and rich unsaturated fats all help maintain a healthy heart.

Additionally it is recommended to take natural supplements, which contain strengthening herbs and plants together with vitamins and minerals – like PROTECOR.

PROTECOR – ideal to support your heart

PROTECOR is a pleasant tasting liquid supplement that provides hawthorn berries, pomegranate, magnesium and vitamin E which all help maintain a healthy heart.



Hawthorn

Hawthorn berries are traditionally known as heart strengthening. The red pigments contain anthocyanidine as an active ingredient. According to NYHA (New York Heart Association)

hawthorn preparations can be used to support the heart. As hawthorn acts gently it is tolerated very well by the system and can be used on a long term basis without causing side effects.

Magnesium

Magnesium plays an important role within the transmission of nerve impulses and the contraction of the heart. The regular supply of magnesium is essential for the healthy functioning of the heart as well as the protection of the blood vessels. The recommended daily allowance of magnesium is 300mg.

Vitamin E

Vitamin E belongs to the essential, fat-soluble vitamins. In particular it saves the cell membrane from the attack of free radicals. Free radicals are aggressive oxygen compounds which can damage the structure of the cell membrane - this can cause problems in muscle or nerve cells. Vitamin E keeps the red blood cells elastic which increases the transport of oxygen.

Pomegranate



Pomegranate has become more and more popular in recent years mainly due to the antioxidant capacity of the fruit. Pomegranates are high in polyphenols which are known to have antioxidant properties. The

antioxidant potential of pomegranate is four to five times higher than that of green tea.

Extract of the skin of red grapes



Red grapes became popular through the "french paradox". It was astonishing that in France hardening of the arteries was relatively low compared to the relatively high intake of cholesterols. It was shown that

polyphenols contained in red wine defuse the cholesterols. The polyphenols contained in the extract of red grapes have the same properties.